

## EGD TWO DAY PREP INSTRUCTIONS

Thank you for choosing Colorectal Surgical & Gastroenterology Associates for your procedure needs.

□ **Colorectal Surgical and Gastroenterology Associates (CSGA Surgery Center)**, 2620 Wilhite Drive. Wilhite Drive is on the corner of New Circle Road and Nicholasville Road. (Starbuck's is on the corner) The Surgery Center is on the right in the Professional Plaza Building. Enter the building and follow the signs to Suite 103.

**Time involved:** Approximately 2 to 3 hours from walk in to walk out.

**PREP:** Do not eat or drink anything (including water) after midnight the night before the procedure. Medications that you take on a regular basis (except those listed below) may be taken on the morning of your procedure with a small amount of water.

**Absolutely NO Chewing Tobacco or Dip Products After Midnight!!!**

**Sedation:** You will be sedated with an IV conscious sedation or Propofol for this procedure which is used to relax you and make you feel sleepy. As a result, time will appear to pass very quickly and you will not recall much or, perhaps, even anything at all of what has happened. **Therefore, you must bring someone with you to drive you home that is willing to accept the responsibility for your care. If you are taking Contrave, Suboxone, Naltrexone, Naloxone and/or Narcan, please notify our office to make sure your procedure is scheduled with Propofol.**

If you are having an EGD because of swallowing problems, please follow the medication recommendations below.

**SEVEN DAYS BEFORE:** Stop taking **Plavix (Clopidogrel), Brilinta or Effient.** We recommend that you seek permission from your prescribing physician to stop taking Plavix. If you wish to discuss this issue further, please call or make an appointment to see your physician at Colorectal Surgical & Gastroenterology Associates.

**THREE DAYS BEFORE:** Stop taking **Ticlid, Coumadin, Warfarin, Xarelto, Eliquis** or **Aggrenox.** We recommend that you seek permission from your prescribing physician to stop taking Ticlid, Coumadin, Warfarin, Xarelto or Aggrenox. If you wish to discuss this issue further, please make an appointment to see your physician at Colorectal Surgical & Gastroenterology Associates.

**TWO DAYS BEFORE:** Stop taking **Lovenox.** **NO SOLID FOOD THE ENTIRE DAY.** Follow a clear liquid diet all day of apple juice, white grape juice, black coffee only, tea, water, clear broth or bouillon, soft drinks, Gatorade, jell-o and popsicles. **Dairy products and non-dairy are not allowed.**

**ONE DAY BEFORE:** Stop taking **Lovenox.** **NO SOLID FOOD THE ENTIRE DAY.** Follow a clear liquid diet all day of apple juice, white grape juice, black coffee only, tea, water, clear broth or bouillon, soft drinks, Gatorade, jell-o and popsicles. **Dairy products and non-dairy are not allowed.**

**\*\*PLEASE CONTINUE TO TAKE YOUR ASPIRIN DAILY\*\***

**\*\*IF YOU USE A NEBULIZER OR INHALER, PLEASE REMEMBER TO BRING IT WITH YOU TO YOUR PROCEDURE\*\***

**Please bring:** A list of all of your medications to the hospital with dosage and frequency information.

If you should have any questions, please do not hesitate to call our office at 859-278-8486.