

# EGD INSTRUCTIONS

Thank you for choosing Colorectal Surgical & Gastroenterology Associates for your procedure needs.

□ **CSGA Surgery Center, 2620 Wilhite Drive, Suite 103, Lexington, Ky 40503.**

**Time involved:** Approximately 2 to 3 hours from walk in to walk out.

**Prep:** **Do not eat or drink anything (including water) after midnight.** Medications that you take on a regular basis (except those listed below) may be taken on the morning of your procedure with a small amount of water.

**Absolutely NO Chewing Tobacco or Dip Products After Midnight**

**NOTHING TO EAT OR DRINK AFTER MIDNIGHT**

**Sedation:** You will be sedated with Propofol Anesthesia for this procedure, which is used to relax you and make you feel sleepy. As a result, time will appear to pass very quickly and you will not recall much or, perhaps, even anything at all of what has happened. **Therefore, you must bring someone with you to drive you home that is willing to accept the responsibility for your care.**

**\*\*If you are having an EGD because of Barrett's Esophagus or swallowing problems, please follow the anti-coagulation medication recommendations below.**

**SEVEN DAYS BEFORE:** Stop taking **Plavix (Clopidogrel), Brilinta or Effient.** We recommend that you seek permission from your prescribing physician to stop taking these medications. If you wish to discuss this issue further, please call or make an appointment to see your physician at Colorectal Surgical & Gastroenterology Associates.

**THREE DAYS BEFORE:** Stop taking **Ticlid, Coumadin, Warfarin, Xarelto, Eliquis, or Aggrenox.** We recommend that you seek permission from your prescribing physician to stop taking Ticlid, Coumadin, Warfarin, Xarelto, Eliquis or Aggrenox. If you wish to discuss this issue further, please make an appointment to see your physician at Colorectal Surgical & Gastroenterology Associates.

**ONE DAY BEFORE:** Stop taking **Lovenox**

**\*\*PLEASE CONTINUE TO TAKE YOUR ASPIRIN DAILY\*\***

**The Morning of the Procedure:** Do not eat or drink ANYTHING after midnight. Medications that you take on a regular basis (except those listed above) may be taken on the morning of your procedure with a small amount of water.

**Please bring:** A list of all of your medications to the hospital with dosage and frequency information.

If you should have any questions, please do not hesitate to call our office at 859-278-8486.