

# COLORECTAL SURGICAL & GASTROENTEROLOGY ASSOCIATES

2620 Wilhite Drive, Lexington, Kentucky 40503

Phone: (859)278-8486 Fax: (859) 278-8488 After Hours: (859)276-2594

## EGD INSTRUCTIONS

You are scheduled for an Esophagogastroduodenoscopy with: \_\_\_\_\_

**\*\* Please arrive one hour prior to your appointment time \*\***

Your procedure will be performed at **CENTRAL BAPTIST HOSPITAL**, 1720 Nicholasville Road, Building E, 3<sup>rd</sup> Floor. Turn left out of the elevator, then two rights to the Endoscopy Department. Central Baptist offers free valet parking.

**Time involved:** Approximately 2 to 3 hours from walk in to walk out.

**Prep:** Do not eat or drink anything (including water) after midnight. Medications that you take on a regular basis (except those listed below) may be taken on the morning of your procedure with a small amount of water.

**Sedation:** You will be sedated with an IV conscious sedation for this procedure which is used to relax you and make you feel sleepy. As a result, time will appear to pass very quickly and you will not recall much or, perhaps, even anything at all of what has happened. **Therefore, you must bring someone with you to drive you home that is willing to accept the responsibility for your care.**

If you are having an EGD because of swallowing problems, please follow the medication recommendations below.

**SEVEN DAYS BEFORE:** Stop taking Plavix. We recommend that you seek permission from your prescribing physician to stop taking Plavix. If you wish to discuss this issue further, please call or make an appointment to see your physician at Colorectal Surgical & Gastroenterology Associates.

**THREE DAYS BEFORE:** Stop taking Ticlid, Coumadin, Warfarin, or Aggrenox. We recommend that you seek permission from your prescribing physician to stop taking Ticlid, Coumadin, Warfarin, or Aggrenox. If you wish to discuss this issue further, please make an appointment to see your physician at Colorectal Surgical & Gastroenterology Associates.

**ONE DAY BEFORE:** Stop taking Lovenox

**Please bring:** A list of all of your medications to the hospital with dosage and frequency information.

If you should have any questions, please do not hesitate to call our office at 859-278-8486, Toll Free 888-278-8488.